

## Workshop Schedule



### Friday, September 20, 2013

10:00 AM – 11:30 AM	Registration
11:30 AM – 12:00 PM	Welcome and Instructions (BOW Planning Committee)
12:00 PM – 1:00 PM	Lunch (Silent Auction Begins)
1:30 PM – 5:00 PM	Session I Workshop
5:00 PM – 6 PM	Free Time and Snacks (good time to set up campsites)
6:00 PM – 7:00 PM	Dinner
7:00 PM	Evening Activities











### Saturday, September 21, 2013












7:00 AM – 8:00 AM	Breakfast
8:00 AM – 11:30 AM	Session II Workshop
12:00 AM – 1:00 PM	Lunch
1:30 PM – 5:00 PM	Session III Workshop
5:00 PM – 6:00 PM	Free Time and Snacks
6:00 PM	Dinner
7:00 PM	Evening Activities


### Sunday, September 22, 2013



7:00 AM – 8:00 AM	Breakfast (Silent Auction Ends)
8:00 AM – 11:30 AM	Session IV Workshop
11:30 AM – 12:00 PM	Free time for packing and clean-up of campsites and cabins
12:00 PM – 1:00 PM	Lunch - Door Prizes/Final Comments & Farewells from BOW Planning Committee




### Workshop descriptions (\*\*New Courses)





<i>Courses</i>	<i>Descriptions</i>
<b>Intro to Geocaching</b>	Geocaching...learn about this popular outdoor activity that combines the mystery of a treasure hunt with the high-tech of GPS satellite navigation in a world-wide game of hide and seek. Easy to learn, Geocaching is an activity that will take you to places rich in natural beauty, unique ecology and unknown history. This course will provide you with the basics needed to find and download geocache data to your GPS, how to read and follow coordinates to the hidden cache, and how to log your find. 
<b>**Take the Geochallenge</b>	An opportunity to put your new geocaching skills to use!! Hunt and find a series of caches and clues that have been placed on the grounds of Killens Pond State Park campground. 
<b>Fresh Water Fishing</b>	A basic introduction to fresh water tackle & angling skills needed to catch pond species of fish. Following a brief on-shore instruction, participants will cast from a pier or the shore of the pond for hands-on fishing on scenic Killens Pond. <b><u>All fishing class participants need fishing licenses!</u></b>  <a href="http://www.dnrec.delaware.gov/fw/Services/Pages/Licenses.aspx">http://www.dnrec.delaware.gov/fw/Services/Pages/Licenses.aspx</a>
<b>Birding 101</b>	Take this opportunity to learn to identify birds through behavior, field marks, & habitat while exploring the grounds surrounding Killens Pond State Park. 
<b>**Tom, Jake, Buck and Doe: a Hunter Ed Intro. course</b>	<b>NEW!!</b> This new course will introduce you to basic hunter education. You will learn about wild turkeys and white-tailed deer – their history, identification and tracking, aging deer and turkey, calling turkeys, and discuss ethical hunting practices. This is a non-harvest activity (no actual hunting will take place). 
<b>Canoeing Introduction</b>	This course will provide a basic introduction to the parts of a canoe and paddling skills. Learn tandem paddling on flat water designed to make your canoeing adventures more enjoyable. You will learn a variety of paddling skills along with a myriad of other topics, all with an emphasis on safety in the water. At least 2 hours will be spent on the water. 
<b>**Basic day hiking and Backpacking</b>	<b>NEW!!</b> Hiking and Back country camping can be challenging, yet rewarding activities. Although there is no "backcountry" in Delaware, this session will teach you about necessities, packing light and easy foods to keep you energized during your hikes. The session also includes some fitness tips to prepare for your adventures! 
<b>Exploring the Flora</b>	Delaware's pond region includes a diversity of native and invasive species of plants. Learn to identify a variety of native wildflowers, trees and other plants that are found in the Killens Pond area. This course will start with an indoor session, followed by a biologist-guided tour of Killens Pond State Park nature trails. 
<b>Fly-Fishing - Introduction</b>	Learn about the sport of fly-fishing to include casting, equipment, and fly-tying. There will be no actual fishing in this class but participants will get lots of practice using a fly rod. 
<b>Fly-fishing Expedition (Advanced)</b>	The fishing skills you have learned can now be used at a fishing pond to fly-fish. Take your fishing skills that you have learned and experience fishing at the freshwater pond. Rods will be available or you may bring your own. Also, participants must have previous fly-fishing experience or have taken the Introduction to Fly-fishing.  <b><u>All fishing classes participants need fishing licenses!</u></b> <a href="http://www.dnrec.delaware.gov/fw/Services/Pages/Licenses.aspx">http://www.dnrec.delaware.gov/fw/Services/Pages/Licenses.aspx</a>

<i>Courses</i>	<i>Descriptions</i>
<b>Outdoor Cooking</b>	Participants will learn how to take ‘Fish from Boat to Table’ and ‘Wild Game From Field to Table’ in this hands-on cooking course. Nutritional values will be discussed. Learn how to filet fish, clean game and prepare it for the table. Outdoor cooking techniques will be taught. Cast iron cookware will be demonstrated and participants will also learn about spices and herbs that can be used while cooking their fare. 
<b>**Edible and Medicinal Plants</b>	NEW!! What berries are safe to eat? What plant contains the very medicine you need to heal a sore throat? Which plant did the natives use for common headaches? The plant world is both a banquet and a medicine cabinet waiting to be discovered! In this class you will learn to confidently and safely identify and gather these greens for your own nourishment and care.  
<b>“Take Your Best Shot” Nature Photography for Beginners</b>	Want to learn how to take better photos on your next hike, excursion or vacation? This class will present some simple techniques that will hone your skills and impress your friends. We will be going out in the field during class for a hands-on photo shoot, please dress for the weather. Then we will return to learn the basics in manipulating photos on the computer. Time permitting, participants can feel free to share their outdoor/nature photos with others in class for a constructive critique. Please bring your own camera. If you have a laptop, you may want to bring it as well. 
<b>Nature Awareness &amp; Personal Safety</b>	Everyday, people take unnecessary risks when traveling outdoors, safe in the false belief that “nothing is going to happen to me.” Learn how to increase your awareness to avoid anything happening to you while also learning some techniques that may help you escape from any unwanted encounters. This class is designed to enhance your enjoyment of the outdoors while increasing your self-confidence and safety when traveling in the wilderness.
<b>Shotgun – Beginning</b>	Participants will learn firearm safety and clay target shooting techniques through hands-on activities. <b><u>Participants will ride to a near offsite location and will remain at sight for session). Van transportation will be provided.</u></b>   
<b>Target Archery Fun</b>	Through recreational target shooting, participants will try out various types of bows and arrows. As you fine tune your skills you will learn how to cluster your arrows and shoot at some unique targets.  
<b>Tree Identification</b>	Move over CSI! The tree detectives will take over here. Learn skills necessary to identify tree species in both summer and winter conditions. You will become familiar with our towering oxygen producers and you will even construct your own leaf press. 
<b>Whooo’s Living in Your Backyard</b>	Do you want to know who’s living in your backyard? We will talk about how to identify common birds, how to attract birds and how to deal with squirrels. Join us to learn about enhancing backyard habitat, feeders, seed types, and other tools you can use. Take home simple to make feeders and make homemade suet. 

 -light activity (minimal or no walking or hiking)

  -mild activity(a little walking and hiking)

   -moderate activity (requires moderate coordination)

    -strenuous activity (requires much concentration and coordination)

For GPS users, **Killens Pond State Park** campground is located at: 3015 Paradise Alley Rd., Harrington DE 19952

<http://www.destateparks.com/camping/killens-pond/index.asp>

**Please do not call the park to reserve a cabin.** B.O.W. is a Delaware Division of Fish and Wildlife event. Please contact Tess Belcher if you have questions. (302) 735-8656 or [Theresa.Belcher@state.de.us](mailto:Theresa.Belcher@state.de.us)

